

PILATES ISLAND STUDIO

Prices and Packages

PRIVATE SESSIONS

INCLUDE MAT REFORMER CADILLAC AND CHAIRS

30 MINUTE	\$30	PRIVATE
1 HOUR	\$40	DUET
1 HOUR	\$55	PRIVATE
10 HOURS	\$500	PRIVATE

GROUP MAT CLASSES

INCLUDE MAT AND SMALL PROPS

3 MONTHS	\$300*	\$8 / CLASS
1 MONTH	\$110*	\$9 / CLASS
CLASS PASS **	\$110	\$11 / CLASS
DROP IN	\$12	\$12 / CLASS

** Drop in any time 10 times

*You may attend up to 3 classes a week

GROUP REFORMER / CIRCUIT TRAINING

INCLUDE MAT TRX REFORMER AND CHAIRS

7 PERSON MAX PER INSTRUCTOR

1 HOUR	\$25	QUARTET +
10 HOURS	\$210	QUARTET +