

PILATES ISLAND STUDIO

Prices and Packages

PRIVATE SESSIONS

INCLUDE MAT REFORMER CADILLAC AND CHAIRS

30 MINUTE	\$30	PRIVATE
1 HOUR	\$40	DUET
1 HOUR	\$55	PRIVATE
10 HOURS	\$500	PRIVATE

GROUP MAT CLASSES

INCLUDE MAT AND SMALL PROPS

3 MONTHS	\$300	\$8 / CLASS
1 MONTH	\$110	\$9 / CLASS
10 HOURS	\$110	\$11 / CLASS
DROP IN	\$12	\$12 / CLASS

GROUP REFORMER / CIRCUIT TRAINING

INCLUDES MAT TRX REFORMER AND CHAIRS 6 PERSON MAX PER TRAINER

1 HOUR	\$25	QUARTET +
10 HOURS	\$210	QUARTET +